

GOLD COAST

IT'S TIME TO GET

TOXIC FLUORIDE OUT OF OUR WATER!

Fluoridation chemicals added to our drinking water are...

NOT SAFE: Thousands of studies have reported adverse effects on many parts of the body. Fluoride damages the brain, kidneys, bones, thyroid gland and pituitary gland.

NOT EFFECTIVE: There is no difference in decay rates between fluoridated and non-fluoridated countries, cities, regions. Australia has a dental decay epidemic, yet around 90% of its population receives fluoridated water. The science used to promote fluoridation is extremely weak and many misleading tactics are used to defend fluoridation.

NOT ETHICAL: Fluoridation violates medical protocol: there is no consent, no warning of possible health risks, no prescription or regard for an individual's circumstances and no control of dose.

A TOXIC WASTE: Fluoridation chemicals are a Schedule 6 and 7 Poison; a hazardous, toxic bi-product from the processing of phosphate fertilizer.

More important facts about fluoride

- Fluoride is NOT an essential nutrient. There is no biological process that requires fluoride, rather it interferes with a number of biological processes. Fluoride is incompatible with our physiology.
- Fluoridation chemicals are a highly-toxic and contaminated waste by-product from the processing of phosphate fertilizer.
- A bottle-fed baby consuming formula with fluoridated water receives up to 250 times more fluoride than a breast-fed baby.
- A *Harvard School of Public Health* study links fluoride with impaired brain development, 2012. *The Lancet* medical journal lists fluoride as a neurotoxin, 2014.
- Only 10 countries have fluoridation programs for the majority of their populations. Many of these are now in the process of rejecting fluoridation.
- 98 per cent of Europe has rejected or banned the process of water fluoridation.
- WHO data shows tooth decay rates in non-fluoridated countries have fallen as rapidly, or faster, than fluoridated countries.

“Artificial water fluoridation is unethical, unsafe, ineffective and not necessary for any body function. It is outdated, harmful and regressive. There are so many better ways to improve the oral and overall health of infants, young children, the disadvantaged, the chronically ill, the elderly and people of color”. —Dr. Robert C Dickson, MD, CCFP, FCFP, BPE



Gold Coast residents, it's time to get
TOXIC FLUORIDE out of our water!
Visit our web site to find out how you can help.



www.fluoridefreeaustralia.org